



## INDIVIDUAL TABLE SOLUTIONS

FOR A MORE ACTIVE  
QUALITY OF LIFE!



## TABLES DESIGNED FOR YOUR NEEDS

Ropox tables are explicitly designed to meet your needs because we develop them in collaboration with users, carers and therapists so they meet general ergonomic principles. This is your guarantee that our products will make your everyday life better.

Whether you need a table for reading, playing, working or training, our extensive range of tables will meet most requirements because they are flexible enough to suit individual demands and different purposes.

With a Ropox table, you can sit comfortably and balanced, and this will enable you to be more active and independent in your daily activities.



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## RECOMMENDATIONS

### Quote

*Jane Brostrøm, Maise's mother*

"Maise's Ropox table is indispensable for her at school because she can easily adjust it to meet her requirements whether she stands or sits. As Maise wears a corset, it is hard for her to lean over the table top, but due to the tilt of the table top, she can raise it and use a magnet to keep documents fastened.

It is important to Maise that she does not stick out in class and the Ropox table allows her to adjust the table to the same height as the other tables in the class room and still it provides her with the best possible working position."



## CHOOSING THE TABLE THAT IS RIGHT FOR YOU

When buying a new table, there are certain important features you should consider making sure that the table matches your requirements.

### **How many will be using the table?**

If there is only one user of the table, you should pick a table that best matches the individual user's needs. If there is more than one user of the table, you should choose a table that is easy to adjust in height and a size that fits several users. Furthermore, you may want to consider a table with wheels which you can move around because it will give you more flexibility.

### **Are there specific needs?**

A safe sitting position requires a stable table and chair, especially for people with balancing challenges. If the table has wheels, it is imperative that the wheels have brakes to prevent accidents.

If you have visual challenges or maybe a limited reach, tables with tiltable tops are designed specifically to suit these needs.

### **Are there sufficient legroom under the table?**

Being able to get close to the table top is essential, and there must be good access for a wheelchair user from both sides of the table. All Ropox tables have optimum access possibilities as there are no cross bars underneath the worktop.

## WHAT A DIFFERENCE A TABLE CAN MAKE

A good ergonomic sitting position can make a significant difference in your daily life. Children, adults, walking-impaired, people with paralysis and blind people all have different demands, but the flexibility of our tables will provide you with the best possible sitting posture because you can adjust the height, choose from a range of table top sizes and get worktops that tilt.

With the right table, you can be active reading, working or playing and you can get the most out of your daily activities.

## TABLE TOP TILT

Tilttable table tops give the possibility to vary your sitting position.



Laptop work – Relaxed back-leaned posture using the front of the table.



Writing – Posture leaning forward using the middle of the table.



Reading – Relaxed posture using the top of the table and bringing it close to you.

## TABLE HEIGHT ADJUSTMENT

A height adjustable table makes it easy to adjust the table exactly to your height.



Child



Adult



Person standing

## FOR ALL PEOPLE, REGARDLESS OF MOBILITY.

A table is a gathering point in life where we talk, eat, work, play and laugh. It is for all age groups, for walking-impaired, for wheelchair users, for blind people and any other person - disabled or not.

Our tables are created for the moments in life that we share with others, regardless of mobility. That is why you will find our tables in private homes, at schools, nursing homes, rehabilitation centres and hospitals, and it is the reason our products are preferred by the users, their families, carers and therapists.



## HOW TO GET THE BEST SITTING POSITION

Staying in the same seated position for more than 1-2 hours will become uncomfortable for most people. The reason is that sitting is one of the worst stresses for your lower back, shoulders and neck and it may cause muscle pain.

The key to a perfect and healthy sitting position is variation. However, if you have a disability, especially if you are using a wheelchair, it can be a challenge to change your sitting posture, but with the right table you will get the needed support to do this.

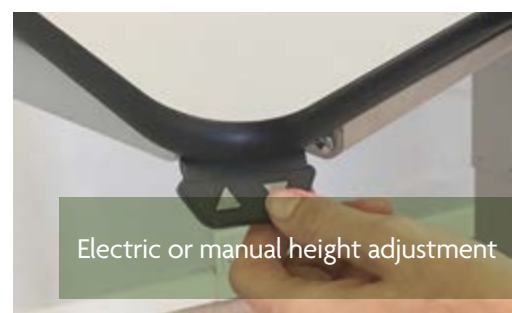
We have considered all aspects to design tables that allow you to sit comfortably.

- You have extra support for your arms which relieves the stress on your back and shoulders.
- The height adjustment prevents shoulder and neck pain.
- The tiltable worktop brings documents closer towards you.
- Your documents stay in place with the MagRule magnet even when the table top is tilted.
- You are guaranteed to have easy access from both sides of the table as there are no cross bars that limit the available legroom under the tabletop

All the table's details accommodate you in getting the best possible sitting position no matter if you are writing, reading, playing or just unwinding at the table.

## VISION TABLE ADVANTAGES

The Ropox Vision series has a very wide table range with a lot of individual adjustments.



The Vision table tops have built-in steel plates making you able to place the MagRule wherever you choose.





# ROPOX VISION TABLES

## FUNCTIONALITY AND DESIGN MELTED TOGETHER

In our opinion, a product must be both functional and beautiful, and the Vision table is the embodiment of such a product. The design is simple and elegant, and it has all the features you need for both work, school, play and training, e.g. adjustable height, a table top that can tilt and a magnet to keep documents fastened to the work top.

With the ergonomic arm supports you can relieve your forearms and they also provide a slight body support. Furthermore, there is plenty of room under the table for a wheelchair user to get close to the table. Many choose the Vision table as their favourite because of the stylish look, user-friendly features and high usability.



The Vision series due to the almost top shortening vi





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## Vision Table

- Table top available with a fixed and tiltable side with the tilt (up to 74°) placed in the middle, left or right side
- Available in two heights (50-70 / 60-90 cm.)
- Three table top sizes (90x60, 120x60, 90x90 cm.)
- Manual or electric height adjustable
- Built-in safety stop on tiltable table top
- No cross bars giving easy access for wheel chair users
- Two built-in guide wheels giving a nice visual appearance



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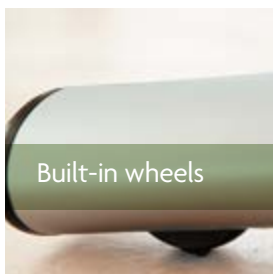
## Vision High/Low Table

- A table where you can sit or stand
- Electric height adjustable (very large range 62-127cm.)
- Battery solution is available making it cordless
- Tiltable table top
- Steel in the table top - MagRule can be placed arbitrarily to hold documents

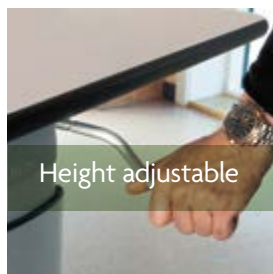


The MagRule gives the possibility to place things arbitrarily on the table top due to built in steel plates.

is ideal for weak sighted  
t vertical tiltable table  
sual distances.



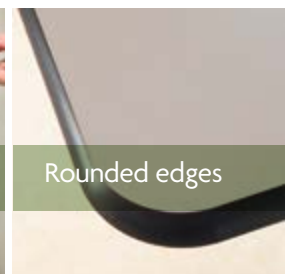
Built-in wheels



Height adjustable



Removable arm  
supports



Rounded edges



## ROPOX ERGO TABLES

### GUARANTEED TO MATCH YOUR ESSENTIAL NEEDS

The Ergo Table consists of four variants that you can adjust manually in height. It has a table top that can tilt up to 54° which is very convenient for weak-sighted and users with limited reach. The supporting ruler will ensure that things will stay in place when the table top is tilted. You can use the arm supports to relieve your forearms and, if required, they can also provide you with a slight body support.

The Ergo Desk is a simple, electric height adjustable table for all.

Whether you need a table for training, teaching or work, the Ergo series would be an option to explore.



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## Ergo Table



- Manual height adjustable from 56-90 cm.
- Available in two sizes (90x60 and 120x60 cm.)
- Available with full tilt or left/right section tilted with stepped angles up to 54°
- Wide range of accessories

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## Ergo Desk



- Electric height adjustable
- Available with three table top sizes
- Electrical height adjustment from 60-125 cm.

Wide range of accessories







## ROPOX GROUP TABLES

### FOR THE MOMENTS WE SHARE

Meeting with friends, family or colleagues around a table is a common thing in many people's everyday lives, and our range of Group tables are designed to be the natural gathering point whether it is at work, at home, for training or in school.

All Group tables are easy to adjust in height, they are made of quality materials that are easy to clean, and they have plenty of legroom which makes them fit for all users, regardless of the degree of mobility. So, if you are looking for a modern and elegant Group table for your interior which also accommodates for the requirements of disabled users, our range of Group tables will surely be worthwhile looking into.



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## Vision Group Table



- Manual height adjustable
- Rounded edges and corners
- Smooth surfaces and no dirt traps
- Elegant oval shaped legs



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## Ergo Group Table

- Manual height adjustable
- No cross bars making it perfect for wheelchair use
- Can be mounted with brake castors



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## 4Single Group Table

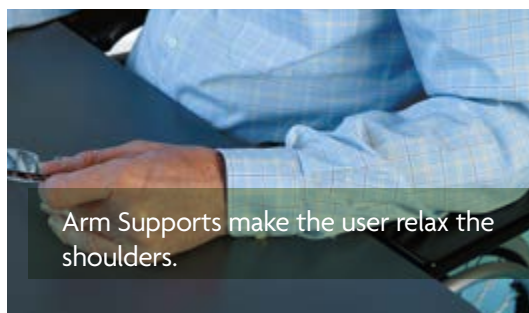
- Manual or electrical height adjustable
- Safety stop giving security all around the table
- Frame ideal for all sorts of table tops
- Available in two heights (55-85 / 65-95 cm.)
- Battery solution eliminating cord on the floor
- Length and width can be custom made



Cabinets can be mounted under the 4Single Group table top.



The 4Single Group Table is ideal for many different purposes.



Arm Supports make the user relax the shoulders.



# TRAINING TABLES

## FEELING SAFE AND AT EASE

The Ergo Multi Table is designed with distinct features compared to regular tables because you can use them for quite specific training purposes.

The Ergo Multi Table is the optimum choice for training sessions where a user and a therapist are sitting facing each other. It has two ergonomic curves on the table sides which allows two people to sit comfortably on each side of the table; even a wheelchair user can come close to the table since there are no braces underneath it.







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## Ergo Multi Table

- Ideal for training situations
- No cross bars
- Different table top cut-out, for individual needs
- Manual height adjustable
- Supplied with brake wheels



## DEVELOPED WITH HAMMEL NEUROCENTER

It's no secret that the ErgoMulti table is designed because we wanted to create the optimum training table. We believe we have succeeded. Fortunately, we are not the only ones who share that opinion.

Annette Kjærsgaard is an occupational therapy specialist with a PhD in dysphagia. Dysphagia is a swallowing disorder and a symptom that may occur in connection with neurological diseases like Parkinson's disease, sclerosis and brain injuries. In her latest book about dysphagia, Anette has made a series of professional descriptions, where she uses the ErgoMulti table for the rehabilitation of people with dysphagia.

# ABOUT ROPOX

## FREEDOM AND CONFIDENCE TO BE INDEPENDENT

“People with disabilities deserve an easier life with more self-esteem, quality of life and freedom to safely look after themselves.” This philosophy has been our goal since we set up our business back in 1962. Today, we are more than 60 employees who continue to pursue this mission.

With more than 60 years of experience, we are amongst the world's leading specialists and producers of assistive devices and furniture for the people with disabilities as well as equipment for ergo- and physiotherapy and for rehabilitation. Being part of the AddLife group, we also have access to a large and strong network of partners who specialise in developing services and products to both the private and public healthcare sector.

We are represented in four continents of the world where our solutions are recognised and appreciated for their high quality, flexibility, and accessibility.

Find out more on [www.ropox.com](http://www.ropox.com).



### ROPOX TABLES

BEAUTIFUL HEIGHT-  
ADJUSTABLE TABLES FOR  
INDIVIDUAL NEEDS



### ROPOX KITCHENS

FLEXIBLE AND  
HEIGHT-ADJUSTABLE  
KITCHENS



### ROPOX BATHROOMS

INNOVATIVE  
AND EXCITING  
PRODUCTS IN A  
BEAUTIFUL  
COHESION

**ROPOX**<sup>TM</sup>  
BETTER WAYS TO BETTER DAYS  
— A PART OF **AddLife**